

**J-HAWK EARLYBIRD TRIATHLON
ADULT RACE – WAVE START TIMES**

**** These are APPROXIMATE times ****

All athletes should be at the event 1 HOUR before your wave start time.

General meeting times: 8:30am, 9:15am, 10am, 10:45am, and 11:30am.

All athletes should attend a general meeting before you compete.

<u>Start</u>	<u>Wave</u>	<u>FirstName</u>	<u>LastName</u>	<u>Division</u>	<u>City</u>	<u>State</u>
10:02	25	Timothy	Adams	M4044	Janesville	WI
11:56	77	Christine	Andersen	F3539	Huntley	IL
9:20	12	Nicholas	Anderson	M2529	Saint Francis	WI
10:59	48	Michael	Annis	M2024	Racine	WI
10:58	45	April	Antonson	F2024	Madison	WI
10:58	44	Larry	Baker	M4549	Silver Lake	WI
10:36	40	Robert	Barclay	M4044	Rockford	IL
10:57	43	Emma	Bare	F1019	Fort Atkinson	WI
11:29	62	Richard	Barry	M6064	Middleton	WI
10:50	42	alan	beaulieu	M5054	Kenosha	WI
11:45	72	Bill	Bishop	M5054	Rock Springs	WI
11:45	72	Christie	Bishop	F5054	Rock Springs	WI
9:08	3	Brian	Borkovec	M3034	Madison	WI
9:08	3	Katherine	Borkovec	F2529	Madison	WI
10:50	42	Kevin	Breitzmann	M3539	Germantown	WI
11:16	55	chad	brown	M3034	racine	WI
9:20	11	Leigh	Brown	Athena	Antigo	WI
11:29	62	Michael	Brown	M5054	Wauwatosa	WI
10:58	44	Daniel	Burbach	M5054	Manitowoc	WI
11:56	77	Kelli	Busch	F3034	Greenfield	WI
9am	1	Julie	Cajolet-Eckhardt	F3539	Waterford	WI
9:34	16	Michael	Carey	M5559	Hoffman Estates	IL
12:08	83	Joe	Chapman	M4549	Madison	WI
9:09	5	Dawn	Chier	F3539	Antigo	WI
9:30	13	Laura	Chier	F4044	Berlin	WI
11:07	50	Jennifer	Christensen	F4044	Pleasant Prairie	WI
11:56	78	Patrick	Christensen	M4044	Pleasant Priarie	WI
11:45	71	Gary	Clark	M4549	Janesville	WI
10:59	48	Mark	Clegg	M3034	Whitefish Bay	WI
11:29	62	Chris	Clexton	Clydesdale	Madison	WI
10:23	33	DeWitt	Clinton	M6064	Shorewood	WI
10:13	30	Boyd	Coleman	M5054	Oconomowoc	WI
10:17	32	marisa	coleman	F2024	milwaukee	WI
10:26	36	Paula	Congdon	F5559	South Milwaukee	WI
11:45	70	Matt	Cook	M2024	Madison	WI
Noon	79	Rodney	Copes	M4044	Cedarburg	WI

<u>Start</u>	<u>Wave</u>	<u>FirstName</u>	<u>LastName</u>	<u>Division</u>	<u>City</u>	<u>State</u>
9:33	15	Stephen	Crane	M3539	Milwaukee	WI
11:19	58	Shirley	Crocker	F5054	Madison	WI
11:39	69	James	Cumming	M3034	Madison	WI
9am	1	Heather	Curnutt	F3539	Madison	WI
9am	1	Jim	Dailey	M4549	Franksville	WI
9:30	13	Jonathan	D'Andries	M3034	Madison	WI
9:18	8	Edgard	Delgado	M5559	Oak Creek	WI
10:00	24	Pete	DeWind	M5054	Middleton	WI
9am	1	Wade	Dickfoss	M2529	Plymouth	WI
10:10	27	Paul	Didion	Clydesdale	Jefferson	WI
11:06	49	Dave	Dineen	M4044	Wauwatosa	WI
10:02	25	Jane	Dolan	F5054	Wauwatosa	WI
10:26	36	Kim	Drake	Clydesdale	Oak Creek	WI
11:49	74	Cheryl	Drury	F4549	Whitefish Bay	WI
10:50	42	David	Drury	M5054	Whitefish Bay	WI
10:58	46	Heather	Duffey	F2529	Milwaukee	WI
11:49	73	Andrea	Dunbar	F2529	Darien	WI
9am	1	Bryan	Eckhardt	M4044	Waterford	WI
9:08	2	Bryan	Eckhardt	M4044	New Berlin	WI
11:35	65	John	Ejnik	TEAM	Whitewater	WI
9:19	9	Brent	Emery	M5054	Menomonee Falls	WI
9:18	8	Julie	Emery	F4549	Menomonee Falls	WI
12:02	81	Jacqueline	Endress	F2529	Milwaukee	WI
10:59	47	Kevin	Eppers	M2529	South Milwaukee	WI
9:37	18	Tisha	Erdman	F4549	Jefferson	WI
9:08	3	Steven	Federspiel	M2529	West Allis	WI
9am	1	Carol	Fields	F4044	Stoughton	WI
Noon	80	Joan	Fischer	F4044	Waunakee	WI
10:12	28	Tiffany	Flach	F3034	Oconomowoc	WI
11:19	58	James	Foucault	M3539	Whitewater	WI
12:02	81	Mark	Frey	M4044	Sauk City	WI
10:17	32	Matt	Gerten	M3539	New Berlin	WI
11:19	57	Glenn	Gesell	M4549	Lake in the Hills	IL
9:57	23	Jeremy	Girard	M2024	Madison	WI
9:30	13	Amanda	Godbee	F3034	Madison	WI
12:08	83	Matt	Godfread	M3539	Milwaukee	WI
10:36	40	Abraham	Goldberg	M5054	Shorewood	WI
10:58	45	Melissa	Grabot	Athena	Madison	WI
11:45	70	Sarah	Grabowski	F4044	Random Lake	WI
10:13	29	Roger	Greenlaw	M6599	Rockford	IL
10:15	31	Andrew	Gregory	M2024	Dubuque	IA
10:15	31	gail	grider	Athena	milwaukee	WI
11:50	75	Peter	Grunwald	M6599	Cambridge	WI
10:08	26	Brent	Gunnick	M4044	Milton	WI
9:41	19	Rick	Hadle	M4549	whitewater	WI
12:10	84	Jeff	Halin	M5054	Janesville	WI
9:33	15	Christopher	Hall	Clydesdale	Chicago	IL

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9:32	14	Melissa	Hardin	Athena	Madison	WI
11:07	51	Jamie	Harris	M3539	Racine	WI
10:50	42	Jennifer	Harrison	F3539	West Dundee	IL
10:28	38	Hannah	Heath	F2529	Belgium	WI
9:08	4	John	Hebda	M2529	Chicago	IL
10:26	36	Nick	Hill	Clydesdale	Madison	WI
10:50	42	Ansel	Hillmer	M2024	Madison	WI
9:19	9	Mellisa	Hodik	F5559	Mukwonago	WI
11:29	63	T'ann	Hoffman	F4044	Franksville	WI
11:28	61	Karen	Hollander	F4549	East Dundee	IL
11:28	61	John	Hollenhorst	M5559	Madison	WI
10:23	33	Scott	Housley	M5054	Fort Atkinson	WI
11:25	59	David	Howell	M4549	Whitefish Bay	WI
11:25	60	Kait	Howell	F1019	Whitefish Bay	WI
11:25	59	Susan	Howell	F4044	Whitefish Bay	WI
9:20	11	Debbie	Hughes	F5559	Milwaukee	WI
10:02	25	tadd	iverson	M4044	janesville	WI
9am	1	Peter	Ives	M5054	Stoughton	WI
10:24	34	Heidi	Jackson	F4044	Kenosha	WI
9:33	15	William	Jackson	M	Wauwatosa	WI
10:12	28	Karen	Jahimiak	F5559	Brookfield	WI
10:29	39	Dana	Janik-Lemke	F3539	Franklin	WI
9:57	23	greg	jeardeau	Clydesdale	rochester	MN
9:57	23	vince	jeardeau	M4044	mount hope	WI
10:50	42	lauren	Jensen	F4044	Muskego	WI
9:34	16	Dawn	Johnson	F4044	Jefferson	WI
11:35	65	John	Kaiser	M4044	Waukesha	WI
10:26	35	Scott	Kaiser	M3539	New Berlin	WI
10:24	34	Debbie	Kapalczynski	F4549	Oregon	WI
9:09	6	Kim	Kelley	F3539	West Allis	WI
10:10	27	Scott	Kessler	M4044	Eagle	WI
11:49	73	Theresa	Kind	F4044	Monroe	WI
11:49	74	Joe	King	M5054	Madison	WI
11:25	59	Frank	Klarich	M3034	Hoffman Estates	IL
12:07	82	Ellen	Klein	F4044	New Berlin	WI
9:55	21	Julia	Konetzki	Athena	Menomonee Falls	WI
9:37	18	Tammy	Kontny	F4044	Fort Atkinson	WI
10:50	42	Jason	Krapfl	M3034	Fort Atkinson	WI
10:57	43	Emily	Krauklis	F3034	Hampshire	IL
11:25	60	David	Krejcarek	M2529	Elkhirn	WI
11:19	56	Meredith	Krejny	F3539	Madison	WI
11:09	52	Zachery	Kroll	M2024	Sun Prairie	WI
10:58	44	Emily	Kultgen	F2024	Port Washington	WI
11:07	51	Jay	LaBonne	M4044	Pleasant Prairie	WI
11:09	53	Marylynn	Lambert	TEAM	Green Bay	WI
11:35	66	Mebbie	Landsness	F3034	Madison	WI
10:50	42	Nick	Langer	M3034	DeForest	WI

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10:13	29	Nicole	Langer	F3034	DeForest	WI
10:29	39	Marcia L. Larson	Larson	F4044	Franklin	WI
10:08	26	Mary	Larson	F4044	Madison	WI
9am	1	Craig	Lashley	M2529	greenfield	WI
12:07	82	Debra	Lashley	TEAM	Sturtevant	WI
9:09	7	Rodney	Lashley	M5054	Sturtevant	WI
11:39	68	David	Latz	M2529	shorewood	WI
10:29	39	Bill	Lawrence	M6599		WI
11:38	67	Kelly	Lazar	F2024		
9:08	4	David	Le Breton	M2529	Chicago	IL
9am	1	Daniel	Lemsky	Clydesdale	Racine	WI
9am	1	Richard	Lemsky	Clydesdale	Madison	WI
11:35	65	Sheryl	Leonard-Schneck	F4549	Wauwatosa	WI
11:38	67	Alison	Lewis	F2024	Racine	WI
10:37	41	Ben	Lichtenstein	M		
10:50	42	Aaron	Lidawer	M1019	Highland Park	IL
11:45	70	Dan	Lidawer	M5054	Highland Park	IL
10:59	48	Ben	Lin	M3034	Palatine	IL
9:32	14	Jennifer	Linley	F4044	Beloit	WI
11:38	67	Heather	Lipusch	F3034	Muskego	WI
10:13	30	Jeremy	Lipusch	M3539	Muskego	WI
11:45	71	Angela	LoCicero	F3539		
12:10	84	Doug	Ludwig	M3034	Waukesha	WI
11:35	64	James	Luebke	M2529	Whitewater	WI
11:19	56	Katie	Lupo	F2529	Madison	WI
11:56	78	Anna	Lutz	F3034	Madison	WI
Noon	80	Erica	Lutz	TEAM	Madison	WI
Noon	79	Robert	Lutz	M5559	Madison	WI
12:07	82	Suzanne	Macak	F2529	Milwaukee	WI
9am	1	Sally	MacLaren-Meuer	F5054	Stoughton	WI
9:41	19	Ron	Magness	M5054	Madison	WI
9:37	18	Lisa	Manor	F2529	Mequon	WI
9:35	17	Steven	Manor	M3034	Mequon	WI
10:28	38	Cheryl	McIlquham	F5054	Sun Prairie	WI
11:09	52	Adam	McKay	M2024	Madison	WI
11:19	56	Patrick	McKean	M3034	Wauwatosa	WI
11:29	63	Christina	McNamara	F2529	Madison	WI
11:49	74	Peter	McNamara	M2529	Madison	WI
9:35	17	Walter	Meanwell	M4549	Madison	WI
10:50	42	Yoav	Meiri	M3034	Racine	WI
10:50	42	Josh	Mesner	M1019	Whitewater	WI
11:09	53	Pete	Mesner	M4549	Whitewater	WI
9am	1	Kyla	Meuer	F2024	Stoughton	WI
10:28	38	Sandy	Meuer	F5054	Verona	WI
10:26	37	Donald	Meyer	M6064	Whitewater	WI
10:58	46	Katharine	Miller	F2529	Chicago	IL
11:16	54	Kyle	Miller	M1019	Bloomington	IL

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11:16	54	Linnea	Miller	F2024	Bloomingtondale	IL
10:00	24	Patty	Miller	F4549	Pleasant Prairie	WI
11:16	54	Tom	Miller	M5054	Bloomingtondale	IL
10:58	45	Nikki	Mitchell	F3034	Muskego	WI
9:08	2	Anna	Mittermann	F2529	Shorewood	WI
9am	1	Andy	Mixell	M4549	Menomonee Falls	WI
11:39	69	Carlos	Monzon	M3034	Chicago	IL
10:50	42	Tyler	Moore	Clydesdale	Madison	WI
9:20	12	Janine	Morris	F3539	Madison	WI
9:20	12	Steve	Morris	M3539	Madison	WI
12:02	81	Amanda	Mueller	F2529	Mequon	WI
9:57	22	Lawrence	Mueller	M4549	Jackson	WI
9:57	22	Zach	Mueller	M1019	Jackson	WI
9:34	16	wayne	murwin jr	Clydesdale	janesville	WI
11:39	69	Patrick	Nadler	M5054	Lake Mills	WI
10:26	35	Denise	Nechvatal	F3539	Dane	WI
11:35	66	Conor	Nelan	M4549	Fort Atkinson	WI
10:59	47	Mike	Nelson	M4044	Sun Prairie	WI
Noon	79	Terri	Nelson	F3539	Waunakee	WI
10:12	28	Valerie	Nelson	F4549	Fort Atkinson	WI
11:07	50	Scott	Niemann	M3539	Evanston	IL
11:29	63	Nicholas	Nigro	M3539	Sun Prairie	WI
9:08	2	Ben	Niles	M3034	Yorkville	IL
10:17	32	Maria	Noth	F2529	Milwaukee	WI
11:50	75	Richard	OConor	M5054	Wauwatosa	WI
9:32	14	Kevin	ODonnell	M4044	Palatine	IL
9:09	7	Andy	Oehlke	M2529	Brookfield	WI
10:37	41	Julie	Okeeffe	F4044	Wauwatosa	WI
11:56	76	Elecia	Oleson	Athena	Nekoosa	WI
11:56	77	Jacob	Panzer	M2529	Campbellsport	WI
9:09	7	John	Passiales	M2529	Oak Creek	WI
9:35	17	Kristin	Payne	F3539	Brooklyn	WI
10:26	37	Travis	Payne	M4044	Brooklyn	WI
9:09	5	Bianca	Pearson	F2529	St. Francis	WI
10:50	42	Matthew	Plummer	M2529	beloit	WI
9:09	6	Pam	Poglitsch	F4549	Brookfield	WI
11:56	76	Julie	Poynter	Athena	Rockford	IL
10:13	30	leslie	prevish	F4044	waukesha	WI
11:39	68	Pete	Pronold	M5559	Okauchee	WI
9:20	11	Brittney	Rathsack	F2024	Madison	WI
9am	1	Gwendolyn	Regan	F3539	Stoughton	WI
9:53	20	Scott	Rempfer	Clydesdale	Stillman Valley	IL
9am	1	Michael	Rewey	Clydesdale	Stoughton	WI
10:08	26	Lynn	Rider	Athena	Prairie du Chien	WI
11:06	49	LYNN	RILEY	F4044	Cottage Grove	WI
11:28	61	Andrew	Roberts	M2529	Beaver Dam	WI
Noon	80	Alisa	Robertson	F3539	Madison	WI

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9:20	10	Corey	Roebbeke	M3034	Milwaukee	WI
9am	1	Heather	Roff	Athena	Pelican Lake	WI
10:10	27	John	Rung	M4549	Johnsburg	IL
11:16	55	Darin	Rutherford	Clydesdale	Janesville	WI
11:19	58	Victor	Ryzhov	M3539	Dekalb	IL
9:20	10	Adam	Savino	M2529	kenosha	WI
9:53	20	Deb	Scannell	F4549	whitewater	WI
11:07	50	Bob	Schaller	M4044	McFarland	WI
10:13	29	Brian	Schimmels	M3034	New Berlin	WI
10:15	31	Jessica	Schimmels	F3034	New Berlin	WI
11:35	64	Eric	Schneider	M2024	Madison	WI
9:19	9	Chad	Schultz	M4044	Delafield	WI
11:56	76	Patrick	Schultz	M2024	Racine	WI
11:19	57	Brandon	Serwe	M2024	Campbellsport	WI
11:09	53	Brad	Skelton	TEAM	Delavan	WI
10:26	37	Robert	Slotterback	Clydesdale	Minneapolis	MN
10:50	42	Eric	Smith	M3034	Stoughton	WI
11:25	60	Doug	Smithback	M5054	Edgerton	WI
9:53	20	Elyse	Smithback	F2529	Oregon	WI
9am	1	Christopher	St. Clair	M3539	West Allis	WI
9:08	4	Julie	St. Clair	F3539	West Allis	WI
10:36	40	Mark	Steinhardt	M5054	Kewaskum	WI
11:49	73	Kimberly	Stemm	F3539	Aurora	IL
9am	1	Mark	Stephens	M2529	Chicago	IL
9:18	8	Chris	Stock	M4044	Oak Creek	WI
11:06	49	Aimee	Sundberg	F3539	Madison	WI
9:41	19	Hillary	Tarr	F2024	Milwaukee	WI
10:37	41	Collin	Thomas	M2529	Chicago	IL
9:55	21	Lisa	Thomas	F3539	West Allis	WI
12:08	83	John	Thompson	Clydesdale	Stoughton	WI
11:56	78	Jennifer	Thorpe	F2529	Milwaukee	WI
11:35	66	Michele	Tomaso	TEAM	Lake Geneva	WI
10:26	35	Jan	Uphoff	F5054	Madison	WI
10:50	42	Justin	Vasseau	M4044	Marquette	MI
10:23	33	Brittany	Veale	F2529	Madison	WI
10:59	47	Brian	Veit	M3539	Verona	WI
10:50	42	Laura	Vergeront	Athena	Madison	WI
11:09	52	Erin	Voss	F2529	Brookfield	WI
11:16	55	Tim	Wacker	M3034	Ixonia	WI
10:00	24	Anna	Walls	F5054	Milwaukee	WI
11:35	64	Steven	Ward	M5559	Saint Charles	IL
9am	1	Aron	Warner	M3539	Oak Creek	WI
9:20	10	Sandy	Warner	F3539	Oak Creek	WI
9:57	22	Kelly	Weis	M3034	Milwaukee	WI
9:09	6	Ellie	Welsch	F6599	West Allis	WI
11:07	51	Claire	Weslaski	F4044	Racine	WI
10:50	42	Kevin	Weslaski	M4549	Racine	WI

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10:50	42	Paige	Weslaski	F1019	Racine	WI
10:57	43	Gregory	Wiegand	M3539	Mount Horeb	WI
9:09	5	Sheila	Wienke	Athena	Antigo	WI
11:39	68	Rob	Williamson	M3539		
11:19	57	Brian	Willing	M2529	Sun Prairie	WI
10:24	34	Andrew	Willsie	M3539	Island Lake	IL
9:55	21	Amanda	Wollin	Athena	Fort Atkinson	WI
10:58	46	Hasan	Yavas	M3034	Chicago	IL
11:50	75	Neil	Zimmerman	M4044	Vernon Hills	IL